Jersey female career stories: Making bold moves

18:00 - 20:00 | 04/02/2026 | Locke's, St Helier

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Hear honest lessons & insights that have shaped the careers of 3 inspiring women. An evening of connection, inspiration & meaningful chats.

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JERSEY FEMALE CAREER STORIES – MAKE BOLD MOVES

Brought to you by Sophie Clyde-Smith and Claudia Sutton, Co-Founders of Alt Collective

An inspiring evening of honest conversation, insight and connection, as three brilliant women share the bold moves, decisions and mindset shifts that have shaped their careers.

This panel brings together women with **very different career paths** — from senior corporate leadership, to self-employment,

to building a successful side hustle alongside a corporate role and motherhood. What they have in common is the courage to make intentional choices, build confidence, and define success on their own terms.

Whether you're navigating a career pivot, stepping into leadership, growing a business or side project, or simply questioning *"what's next?"*, this event will leave you feeling clearer, braver and more connected.

The goal is to **connect** you with real stories and lessons, **inspire** you to reflect on your own path, and **support** you to grow in confidence as you make bold moves in your career and life.

Event Details

 When: Wednesday 4th Feb
 Where: Locke's, Pitt Street, St Helier
 Time: 6.00pm – 8.00pm
 Drinks & nibbles included

Why attend?

This event is designed to empower women at every stage of their career journey. You'll hear honest, first-hand stories about:

- Making big decisions without having all the answers
- Building confidence before you feel "ready"
- Navigating career growth alongside family and personal life
- Creating meaningful, sustainable success — in and outside of corporate environments

You'll also have the opportunity to connect with a supportive, like-minded community of women who value growth, ambition and authenticity.

Meet the Panellists

Lauren Miller

Head of Client Management, Barclays Private Bank & Wealth

Management

Lauren has over 18 years' experience in the finance sector, spanning Private Wealth and Banking. She currently leads Client Management at Barclays Private Bank & Wealth Management, having stepped into a senior leadership role last year. Ambitious and known for consistently saying yes to opportunities before feeling fully ready, Lauren's career has been shaped by curiosity, resilience and a belief that growth happens outside of comfort zones. Alongside her career, she is a passionate volunteer and fundraiser for FREEDA (formerly Jersey Women's Refuge).

Nicola Eastwood

Certified Health Coach & Wellness Ambassador

Nicola is a Certified Health Coach supporting women 40+ to restore energy, confidence and balance through food, movement and mindset. After a 25-year career in communications and events, and experiencing burnout herself, Nicola retrained and now runs her own wellbeing business. She supports high-achieving women — many balancing work, family and health — through one-to-one coaching, group programmes, retreats and events, using her calm-first CALM Method approach.

Lucy Grimshaw

Head of Corporate Service, Ogier & Founder of @lovetearsandteepees

Lucy is a global financial services leader with over 20 years' experience in senior corporate and governance roles, including Global Head of Product and Head of Corporate Services for a listed FTSE 250 business. She brings extensive board-level experience across multiple jurisdictions.

Alongside her corporate career, Lucy is building @lovetearsandteepees, a personal brand and creative side hustle exploring modern motherhood, ambition, and intentional living. Passionate about sharing honest career stories, Lucy is focused on creating space for women to build parallel paths,

where leadership, creativity, and personal fulfilment can coexist.

What to Expect

 Inspiring Stories
Hear real, relatable journeys from women who have made bold career decisions in very different ways.

 Real Conversations
We'll explore confidence, ambition, motherhood, pressure, trade-offs and what success really looks like behind the scenes.

 Connection & Community
Meet women who care about personal and professional growth and value meaningful conversations.

 Fresh Perspective
Leave with insights, reflections and encouragement to make your own bold moves — whatever that looks like for you.

This event is for you if you are:

- At a crossroads or thinking about your next step
- Balancing ambition with family, health or life changes
- Curious about different career paths and definitions of success
- Wanting inspiration from honest, relatable women
- Looking for connection, confidence and community

 Come for the conversation. Leave with fresh perspective, practical insight and the courage to make bold moves.

Limited Seats Available

We look forward to welcoming you,
Sophie & Claudia x
Co-Founders & Lead Coaches, Alt Collective

Alt Collective are a leading careers and business coaching business based in Jersey. Co-Founders, Sophie & Claudia, are passionate about empowering women with the tools and strategies to build confidence, get inspired and make bold

moves.

www.alt-collective.co.uk

Accessibility matters to us

We want our events to be as inclusive as possible. If ticket price is a barrier, we offer a limited number of reduced-price tickets — no questions asked.
Just drop them a message or email **hello@alt-collective.co.uk** and they'll sort it.

Photography will be taken at the event to be used for event and AC marketing purposes.