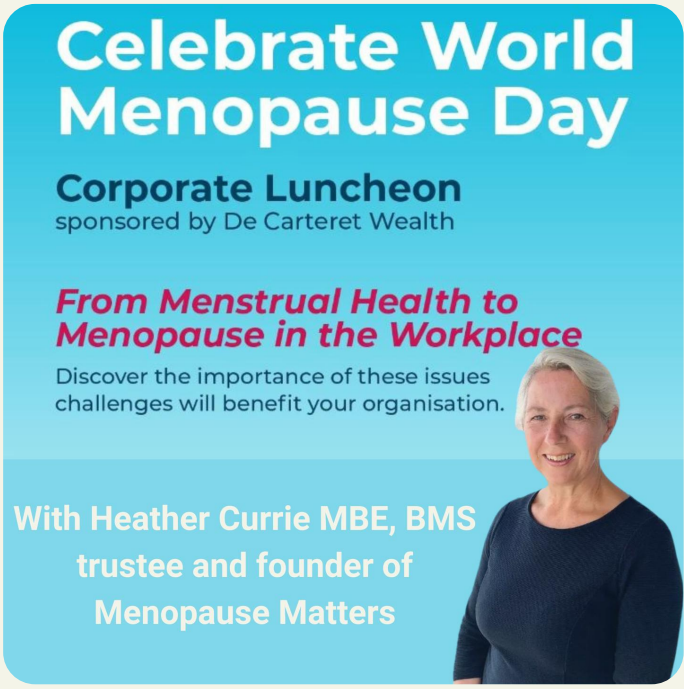
Celebrate World Menopause Day - Corporate luncheon

12:00 - 14:30 | 18/10/2024 | The Royal Yacht Hotel

Book now →



Corporate Luncheon sponsored by De Carteret Wealth

Book here

From Menstrual Health to Menopause in the Workplace with Heather Currie MBE, BMS trustee and founder of Menopause Matters.

Also in attendance will be Laura Neale, Head of partnerships and community funding of Wellbeing of Women.

Get ready for an engaging and transformative experience at our Corporate Luncheon.

Event Details:

- Date: Friday, 18th October
- Time:12:00 to 14:30

- Location: The Royal Yacht Hotel, Sirocco
- Cost: £40

Why Attend?

- Inspiring Keynote: Heather Curry, MBA, will share her expertise on "Menstrual Health and Menopause in the Workplace." This talk will open your eyes to the importance of these issues and how addressing them can benefit your organisation.
- Network with the Best: Meet corporate leaders, HR professionals, and wellness enthusiasts to share ideas, learn from each other, and build lasting connections.
- Delicious Lunch: Enjoy a tasty 2-course meal while soaking in valuable insights. Who says learning can't be fun and delicious?

What's in it for you?

- Critical Insights: Understand the real impact of menstrual health and menopause on your team and how to create a more supportive work environment.
- Actionable Strategies: Walk away with practical tips and strategies to implement in your workplace.
- Boost Employee Wellness: Discover how supporting these issues can enhance overall employee satisfaction and productivity.

About Heather

Dr Heather Currie MBE. MB BS, FRCOG, DRCOG, MRCGP

- Gynaecologist at Dumfries and Galloway Royal Infirmary, specialising in Menopause, Pre Menstrual syndrome and Cervical screening
- Co-Editor of Post Reproductive Health, the Journal of the British Menopause Society (BMS)
- Trustee and past Chair of the BMS
- Founder and Managing Director of Menopause Matters Ltd which runs the award winning website and magazine www.menopausematters.co.uk
- Author of the award winning book, Menopause, answers at your fingertips and of many original papers and review

articles in scientific journals
- Previous Scottish national Clinical Lead for Gynaecology in Modernising Patient pathways Programme
- Clinical advisor to Scottish Government for development of the Women's Health plan for Scotland
- Awarded MBE for services to healthcare June 2021

This event is all about empowering you with knowledge and connections to make a real difference in your organisation.

Don't miss out!

Should you have any dietary requirements, please advise at the time of booking by emailing trudi@vitality40plus.com

We can't wait to see you there!