Harnessing Physical Intelligence For Leadership

16:00 - 18:00 | 04/07/2024 | Pomme d'Or Hotel, St Helier

Book now →

Delve into the transformative power of Physical Intelligence® methodology

This event will explore the transformative power of the Physical Intelligence® methodology. Leaders face relentless pressure and conflicting priorities in today's fast-paced and demanding business world.

Join us to gain insights, tools, and techniques that will transform your approach to leadership and help you achieve peak performance in any environment.

Why Physical Intelligence® matters

Physical Intelligence® is your ability to perform better using the readily available full technology of your own body. You can

become more confident, have better brain power, improve your mental health, reduce your anxiety and stress, have more energy and creativity, be more resilient, have more endurance, and live a happier life with ease whenever you want.

Speaker Profiles

Kevin Chapman, Momentum and mission - Kevin is a highly experienced coach, consultant, trainer, communication specialist and business leader with significant commercial experience designing and delivering leadership and high-performance coaching. He has worked with clients including BP, Coors, Shell, HSBC, PwC, Aon and Jaguar Land Rover.

Claire Dale, Founder, mover and shaker - Movement specialist, leading exponent of Physical Intelligence, international speaker and co-author of the award-winning book Physical Intelligence, Claire successfully coaches, trains and consults to help individuals and teams achieve peak performance through Physical Intelligence.

Event Highlights

- Understand the intricate relationship between physiology and leadership performance.
- Learn techniques to develop personal sustainability, resilience, and endurance.
- Explore strategies to lead people through change with trust and purpose.
- Gain hands-on experience and practical tools to enhance your leadership capabilities.
- Discover how top performers in arts and sports leverage science-based techniques for peak performance.

Supporting Charity

Money raised through ticket sales will support the Jersey

Employment Trust (JET). JET is dedicated to assisting people with disabilities and long-term health conditions in finding and sustaining employment. By attending this event, you will be contributing to a valuable cause that significantly impacts our community.

Event Sponsor

We would like to extend our heartfelt thanks Evelyn Partners, who are kindly sponsoring this event.

Our Partners

All Island Media support Leadership Jersey, as the leading provider of media solutions in Jersey, offering a comprehensive range of services including advertising, marketing, and communications. Their support helps us bring you high-quality events and initiatives that foster leadership development across the island.

Networking

Join us for networking starting at 4:00 PM with a complimentary welcome drink before we start the talk at 4:30 PM.

Tickets

General Admission - £25.00 +Booking Fee
Student & Charity Ticket - £15.00 +Booking Fee
Group of Ten - £150.00 +Booking Fee

Why not grab a ticket for yourself, your team members, and your clients? Or support a charity or school to come with you. Take advantage of this opportunity to enhance your leadership skills and support a great cause!