Q2 Retail Event - What’s stealing my focus?

17:30 - 19:00 | 06/06/2024 | Le Hocq Suite, Raddison Hotel

Book now →



If you're feeling like you're getting distracted, is it notifications? Emails? Or just the "to do list" spilling over. Are you getting less of what really matters done, but you feel like you're working harder, then this event is for you.

Book here

We will discuss how digital distractions affect our wellbeing, how to regain focus and share techniques from our expert speakers to get more of what really matters done.

Lorie Rault, Jersey businesses Head of Retail will lead discussions with our expert speakers.

Speakers

Alex Morel - In today's hyper-connected world, where screens

and devices dominate our daily lives, understanding and prioritising digital wellbeing is crucial.

Royston Guest - Why success is not an accident... How to place yourself firmly in the driver's seat of your life!

Royston is a natural storyteller with contagious energy and enthusiasm. He is a bestselling business book writer, is the CEO of Pathways Global, and has spent over two decades coaching and developing leaders.

Jon Watkins - The Resilience Development Co's mission is to combat rising stress levels and burnout while enhancing productivity and engagement.

(Jon joins us via a pre-recorded video) Jon Watkins is a former special forces team leader, strategic management expert, and is the CEO of an award-winning Resilience Development Company.

Who's presenting?

Alex Morel

Senior Consultant & Software Trainer - ALX Training

Royston Guest

CEO & Co-Founder - Growth Pathways

Jon Watkins

CEO - Resilience Development Co.